

You are Amazing!



Point to your partner/team mates saying “you are ... making the capital A with your hands and forearms - saying “AAAAAA”; then zig-zag your arms and hands intertwining them like a maze - saying “maz”; then shoot your left arm, finger pointing up into the air and your right arm, finger pointing behind you to the right – saying “zing”

Handy!!!!!!

All put your hands together in a mass high five – saying “handy”



Super – Sonic!!

Put your arms at shoulder height and show your biceps – saying “super”; then shoot your arms up over your head making the shape of a rocket and clap your hands together making the sonic boom!! – saying “sonic”



Super Star

Put your arms at shoulder height and show your biceps – saying “super”; then move hands above your head and bring slowly down twinkling your fingers – saying “staaaaar”

Unreal Banana Peel



Hold your fishing rod and throw the line out to simulate reeling the line in – saying “unreal”; then hold a banana in one hand and peel it with the other hand – saying “banana peel”

Cool Idea:

Cross your arms across your body and hold your upper arm shivering – saying “cool”; then touch beside your eyes with your thumbs – saying “i”; then put your hands above your head with your fingers spread like deer antlers



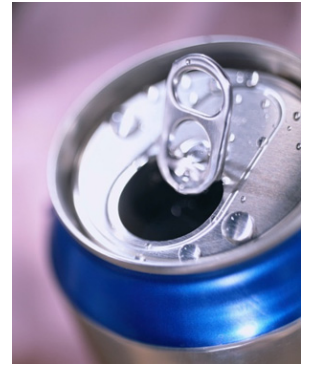
Groovy!!!

Move your body dancing – saying “groo’; then form a V with your index and big fingers shooting your hand towards your partner/team



Fantabulous

Hold your hands in front of you making circles with your finger like a fan – saying “fan”; then hold a can in one hand and pull the tab with the other – saying “tab”; bring your hands up to each side of your head with fingers spread – saying “ulous”



Oooarsum!!!

Move your hands and fore-arms as if you were rowing a boat – saying “ooooar”; then with your forearms make the ‘+’ plus sign in front of your face – saying “sum”



Legend!

Put your flat hand, palm down in front of you like a ledge – saying “leeeeg”; then hold your hand up like a stop sign – saying “end”